



Seniors Month Activity 60+

Horticulture: Prepare and Grow a food garden with Helen Montgomery.

What to do from paddock to plate.

Lots to discuss – how / what to mix in your soil, friendly pesticide, timing, tips and tricks, worm farming, composting.

Tuesday 25th August 10.00am – 3.00pm

Come and go as you please

(Light snacks & lunch provided)

Come along with your water bottle, hat and questions.

This is a practical – interactive session – come and get your hands dirty and your questions answered.

Shade and chairs provided. Contact Beckie 89785185 to express your interest. Book by Friday 21st August

Meet at the back of the Community Centre

